DinnerEntrées include a basket of homemade breads, three of today's family-style veggiesand your choice of fresh garden salad, today's soup or fresh fruit
Grilled Rosemary Salmon (GF, DF) ..... 23.95
verlasso salmon, fresh rosemary, thyme, garlic \& olive oil (no seconds)
Broiled Salmon (GF) ..... 23.95
verlasso salmon, herb butter, fresh dill, white wine \& capers (no seconds)
Broiled Rainbow Trout (GF) ..... 19.95
brown butter, with or without almonds (no seconds)
Grilled Cajun Catfish (GF, dF) ..... 17.95
local brown rice \& tartar or cocktail sauce
Fried Catfish ..... 17.95
tartar or cocktail sauce
Pot Roast ..... 17.95
slow roasted inside round with carrots \& onions
Local Grass-Fed Chicken Fried Steak ..... 17.95
traditional or jalapeño cream gravy
Grilled Center Cut Pork Chop (GF, DF) ..... 17.95
seasoned with salt \& pepper (no seconds)
Local Grass-Fed Meat Loaf (GF) ..... 16.95
tomato sauce with scallions \& cheddar cheese or white wine mushroom sauce
Fried Chicken ..... 17.95
your choice of white, dark or mixed
Walnut Crusted Chicken ..... 16.95
fried breast with honey dijon drizzle
Jamaican Jerk Chicken (GF, DF) ..... 16.95
spicy grilled breast \& savory local brown rice
Chicken St. Caroline (GF) ..... 16.95
grilled or fried breast, melted mozzarella \& white wine mushroom sauce
Chicken Fried Chicken ..... 16.95
traditional or jalapeño cream gravy
Light Herb Chicken (GF, DF) ..... 16.95
grilled breast, oregano, basil \& thyme
Rosemary Roasted Chicken (GF) ..... 16.95
white or dark quartered chicken, parmesan \& rosemary
Fresh Vegetable Lasagna ..... 14.95
pasta, tomato sauce, zucchini, spinach, mushrooms, ricotta, mozzarella cheese \& garlic toast
Vegetable Plate ..... 13.95
choice of 3 family-style fresh vegetables

# Salads \& Soups <br> Includes a basket of homemade breads 

Walnut Crusted Chicken Salad ..... 14.95fried walnut crusted chicken breast, field greens, sliced mandarin oranges, dried cranberries,tomatoes, red bell peppers, candied walnuts, blue cheese crumbles \& honey dijon dressing
Fried Chicken Salad ..... 14.95spicy fried chicken breast, cucumbers, tomatoes, onion, hard-boiled egg,cilantro, croutons, mozzarella \& ranch dressing
Quinoa, Avocado \& Kale Salad (GF, DF, V) ..... 13.95
organic quinoa, baby kale, roasted corn, black beans, tomatoes, avocado \& olive oil add grilled chicken or 3 oz salmon for 5.95; add 6 oz grilled salmon for 11.95
Soup \& Salad ..... 12.95
today's soup \& fresh garden salad
Desserts
Homemade Fruit Cobbler ..... 5.95
Homemade Chocolate or Coconut Cream Pie ..... 6.95
graham cracker crust \& fresh whipped cream
Homemade Banana Pudding (GF) ..... 6.95
fresh bananas, gluten free vanilla wafers \& fresh whipped cream
Homemade Brownie Sundae ..... 7.95
walnut brownie, Haagen Dazs vanilla ice cream, dark chocolate sauce \& walnuts *Nut-free brownie available upon request*
Haagen Dazs Vanilla Ice Cream ..... 3.95

