Dinner

Entrées include a basket of homemade breads, three of today's family-styl and your choice of fresh garden salad, today's soup or fresh fruit	e veggies
Grilled Rosemary Salmon (GF, DF) verlasso salmon, fresh rosemary, thyme, garlic & olive oil (no seconds)	23.95
Broiled Salmon (GF) verlasso salmon, herb butter, fresh dill, white wine & capers (no seconds)	23.95
Broiled Rainbow Trout (GF) brown butter, with or without almonds (no seconds)	19.95
Grilled Cajun Catfish (GF, DF) local brown rice & tartar or cocktail sauce	17.95
Fried Catfish tartar or cocktail sauce	17.95
Pot Roast slow roasted inside round with carrots & onions	17.95
Local Grass-Fed Chicken Fried Steak traditional or jalapeño cream gravy	17.95
Grilled Center Cut Pork Chop (GF, DF) seasoned with salt & pepper (no seconds)	17.95
Local Grass-Fed Meat Loaf (GF) tomato sauce with scallions & cheddar cheese or white wine mushroom sauce	16.95
Fried Chicken your choice of white, dark or mixed	17.95
Walnut Crusted Chicken fried breast with honey dijon drizzle	16.95
Jamaican Jerk Chicken (GF, DF) spicy grilled breast & savory local brown rice	16.95
Chicken St. Caroline (GF) grilled or fried breast, melted mozzarella & white wine mushroom sauce	16.95
Chicken Fried Chicken traditional or jalapeño cream gravy	16.95
Light Herb Chicken (GF, DF) grilled breast, oregano, basil & thyme	16.95
Rosemary Roasted Chicken (GF) white or dark quartered chicken, parmesan & rosemary	16.95
Fresh Vegetable Lasagna pasta, tomato sauce, zucchini, spinach, mushrooms, ricotta, mozzarella cheese & garlic toast	14.95
Vegetable Plate choice of 3 family-style fresh vegetables	13.95

Salads & Soups Includes a basket of homemade breads Walnut Crusted Chicken Salad 14.95 fried walnut crusted chicken breast, field greens, sliced mandarin oranges, dried cranberries, tomatoes, red bell peppers, candied walnuts, blue cheese crumbles & honey dijon dressing Fried Chicken Salad 14.95 spicy fried chicken breast, cucumbers, tomatoes, onion, hard-boiled egg, cilantro, croutons, mozzarella & ranch dressing Quinoa, Avocado & Kale Salad (GF, DF, V) 13.95 organic quinoa, baby kale, roasted corn, black beans, tomatoes, avocado & olive oil add grilled chicken or 3 oz salmon for 5.95; add 6 oz grilled salmon for 11.95 Soup & Salad 12.95 today's soup & fresh garden salad Desserts **Homemade Fruit Cobbler** 5.95 Homemade Chocolate or Coconut Cream Pie 6.95 graham cracker crust & fresh whipped cream Homemade Banana Pudding (GF) 6.95 fresh bananas, gluten free vanilla wafers & fresh whipped cream Homemade Brownie Sundae 7.95 walnut brownie, Haagen Dazs vanilla ice cream, dark chocolate sauce & walnuts *Nut-free brownie available upon request* Haagen Dazs Vanilla Ice Cream 3.95

Seconds on protein are available for 5.95 on select entrees. Price valid for dine-in only.